



## Association Board

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**Member:** Casper Staal

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**Veteran:** Per Vinther

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## Sponsors



PRIME OFFICE



We want new members to be warmly welcomed in Sisu/MBK, which with 330 members, is the largest tabletennis club in Denmark. Here, the most important thing is not that you are a highly skilled tabletennisplayer. We think it's more important that you're a nice fun and good club buddy who wants to be part of a positive community.

## Welcome!



## Membership:

Enter Your data at:

<http://sisu-mbk.klubonline.dk/indmeld>

## Access and parking:

In addition to the regular training the club is often open. For a fee of 100 dkr. A year You can, as a member, buy an access key. Contact the vicechairman. Then You will have access 24-7-365. Many busroutes and the "Letbane" have a stop at Nørre Boulevard. There are a lot of paid parking around the club. As a member You can buy an annual parking pass for dkr. 200. Contact the vicechairman. The pass permits You to park in the schoolyard just outside the club-entrance. Beware of the signs. The pass is valid weekdays 16-24 and all day in weekends and holidays. 8 lots mrk "Sport og Fritid" is valid 24-7-365. Day pass is available in the club for dkr. 30.

Therefore, club tours, tournaments and parties are organized. See current listings in the club, on the website and the emails you will receive continuously. In the cosy living room there is the opportunity to watch TV, listen to music, play games and have a nice chat with club mates. Beer and softdrinks can be bought. It is not allowed to bring your own drinks.

There is a cold water dispenser. There is, of course, a smoking ban in all the club. You have the option of a minimum of 1 weekly guided training session by trained coaches. You can sign up for rallies and participate on tournament teams. We have over 30 tournament teams from 1. Division to Series 5. You can also just enjoy the game. Enjoy!!

## Training

**Youth:** monday 16.00-17.30, tuesday, thursday and friday kl. 16-18.

**Senior:** monday kl. 17.30, tuesday 18-22, wednesday 17.30-19.30 (ladies), wednesday 19.30-23. From october to marts: Thursdays are matchday from 18.00.

**Senior Elite:** Tuesday and thursday kl. 18-20.

**Veteraner:** monday, wednesday og friday kl. 9-14.

See calender at our website

We play in:

"Stuen" (5 tables)

"Lille hal" (3 tables)

"Store hal" (12 tables)

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On fb there are more groups where You can keep updated and communicate with other members.